

Easter Octave: Monday  
5 April 2021  
[USCCB Daily Readings](#)

On this Easter Day we read the great episode and encounter of Emmaus. What is this story really about?

Bottom line: Emmaus is the Mass. Mass is Emmaus.

Jesus explains all the scriptures to them and their hearts are burning within them. When we come to Mass, the same thing happens. Scripture, the living Word of God, is proclaimed to our lives and to our hearts to move and motivate, to warm and challenge, to know grace and to know transformation.

Then Jesus takes bread and blesses it and breaks it and gives it. The second part of the Mass, the same thing happens. To help our eyes recognize him – here and everywhere.

And those two disciples, when they realize what had happened, who they encountered – that it was the Risen Christ, they had to go and tell the others... not the next day, not the following week, but immediately. The same thing here, the last thing we are told is, "Go!" We are sent to proclaim the one whom we have encountered here to those whom we encounter from day to day.

To this day, we come to know the Risen Lord well and alive in our midst through the breaking of the bread.